

TANGIPAHOA PARISH SCHOOL SYSTEM NEWSLETTER



TIMELY INFORMATION OF SPECIAL INTEREST TO
SCHOOL EMPLOYEES AND OTHERS IN THE COMMUNITY

VOL: XXXV

November 10, 2006

NO. 11

RON GENCO, DIRECTOR OF CURRICULUM AND INSTRUCTION

TO: PRINCIPALS, COUNSELORS, STUDENTS

RE: LOUISIANA AFL-CIO SCHOLARSHIPS

Please Review the attached information from Louis Reine, Presiden, Louisiana AFL-CIO, regarding three scholarships they are awarding at their Annual Convention, which will be held in March 2007. Contestants application deadline is January 19, 2007.

LINDA BAKER, READING/LANGUAGE ARTS, ARTS AND MUSIC COORDINATOR

TO: PRINCIPALS - GRADES K-12

RE: LSBA ART CONTEST/EXHIBIT

The Louisiana School Boards Association has once again invited us to participate in the LSBA Art Contest. Some Tangipahoa Parish Schools have participated in the past and produced pieces of art that received awards on the state level. Please see attached.

LYNELL HIGGENBOTHAM, CURRICULUM AND INSTRUCTION SUPERVISOR

TO: PRINCIPALS AND PHYSICAL EDUCATION TEACHERS

RE: HEALTH AND PHYSICAL EDUCATION INFORMATION

Please see the attached Health and Physical Education information from Ann Wilson, Program Coordinator for the Louisiana Department of Education. Also, International Education Week is November 13-17, 2006. This event is a joint initiative of the U.S. Department of Education and the U.S. Department of State. For additional information and sample activities, go to <http://iew.state.gov>. Schools can post their own events on this Web site.

The Tangipahoa Parish School System does not discriminate on the basis of race, color, national origin, sex, age, disabilities of veteran status. We are an equal opportunity employer."



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2007 Scholarship Opportunities

The Louisiana AFL-CIO will be awarding three \$1000 scholarships at the 52nd Annual Convention, which will be held on March 5-6, 2007, at the Plumbers Local 60 Union Hall located at 3515 North I-10 Service Road in Metairie, Louisiana.

All contestants must have their application materials postmarked by January 19, 2007, and mailed directly to Ms. Julie Cherry at the Louisiana AFL-CIO, P. O. Box 3477, Baton Rouge, LA 70821.

To be eligible to enter this essay contest, all contestants must be high school **seniors** residing in the State of Louisiana whose parent/step parent is a member of an *affiliated local union in good standing with the Louisiana AFL-CIO*.

An essay is required for consideration. The topic of the essay contest is “**Why The National Labor Relations Act is Critical Today**”, and the rules are as follows:

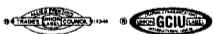
- (1) Contestants are expected to use encyclopedias, textbooks, the Internet, biographies, bulletins, newspaper articles, the AIL Labor Letter, reports of private organizations or governmental agencies, personal interviews with union personnel (other than their parents), and other research materials deemed appropriate as sources of information. Research materials should be properly cited and documented.
- (2) The contestant’s application must include the following:
 - a. A one page cover sheet showing the student’s name, address, phone number, name of school, name of parent who is a union member, and the name and telephone number of the local union of which the parent is a member.
 - b. All applicants must submit an essay not to exceed 2,000 words (about 5 or 7 double-spaced typed pages) on the topic.
DO NOT put your name on the essay!
 - c. A current copy of the applicant’s high school transcript.

The scholarships will be awarded primarily on the basis of the essay’s worthiness, but the required information will be considered as well. Essays will be judged on the basis of the ideas presented and developed, the quality and pertinence of the reference information employed, and the overall clarity and originality of the essay. The scholarships are offered by:

AMERICAN INCOME LIFE INSURANCE COMPANY
Sponsoring the Emile J. Bourg, Sr. Scholarship Award

THE LOUISIANA AFL-CIO
Sponsoring the Victor Bussie Scholarship Award
Sponsoring the Gordon Flory Scholarship Award

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November 9, 2006

TO: Principals - Grades K-12

FROM: Linda Baker
Reading/Language Arts
Art and Music Coordinator

SUBJECT: **LSBA Art Contest/Exhibit**

The Louisiana School Boards Association has once again invited us to participate in the LSBA Art Contest. Some Tangipahoa Parish Schools have participated in the past and produced pieces of art that received awards on the state level.

Principals are encouraged to promote this contest in their schools. These suggestions will help:

- Appoint an LSBA Art Contest Coordinator/Contact Person.
- Include the contest in your daily announcements.
- Hold a School Art Show and select the winner(s) at Grades K-4, 5-8, and 9-12 (as applies).
- Offer local incentives for participation/winning.
- Invite local board members as guests/judges.
- Submit the winners to the Tangipahoa Parish Central Office **by Tuesday, January 9, 2007**, for parish level judging and winner selection.

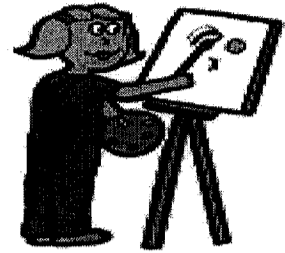
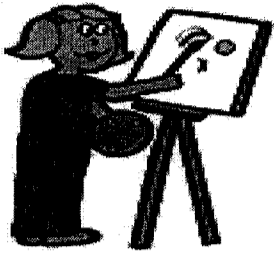
Please mail back the attached response by **December 8, 2006**.

PLEASE NOTE THE CONTEST RULES INCLUDED ON THE LAST PAGE AND FORWARD A COPY OF THIS COMMUNICATION TO YOUR DESIGNATED CONTACT PERSON.

Thank you for your cooperation.

LB/jf
Enclosure

xc: Board Members
Mr. Louis Joseph



*LSBA Art Contest/Exhibit
2006-2007*

School _____

Contact Person _____

<i>WILL PARTICIPATE?</i>	<i>CIRCLE ONE</i>	
	<i>YES</i>	<i>NO</i>

Please return by December 9, 2005 to the attention of Linda Baker by email to linda.baker@tangischools.org

**LOUISIANA SCHOOL BOARDS ASSOCIATION
ART CONTEST/EXHIBIT 2007**

EACH PIECE OF ARTWORK MUST BE DONE BY A STUDENT FROM YOUR SCHOOL SYSTEM AND

- *Should represent Louisiana (scenes, products, buildings, people, etc.)*
 - *Can be oil acrylic, watercolor, pen and ink, charcoal, pastel, crayon, colored pencil batik, or stitchery*
 - *No three dimensional work can be accepted*
 - *Smaller sizes may be submitted, but the maximum size of artwork without mounting or matting should be 14" x 16" (handling artwork and exhibit space require that we ask you to please adhere to this size regulation)*
 - *Except for canvas oils on stretchers, all pieces should be appropriately mounted or matted **BUT NOT FRAMED***
 - *All entries must be received in the LSBA office by February 5, 2007.*
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November News and Information

NASPE Teacher's Toolbox

"Be Thankful" is the theme of the National Association for Sport and Physical Education's (NASPE) November Fitness Calendar. Published in English and Spanish, the fitness calendar is one of many popular items featured this month in the Teacher's Toolbox. Don't miss the fall bulletin board, turkey toss, puzzle, and much more.

As school wellness policies are launched in school systems around the country, communities are much more aware of the need for quality physical education programs and their importance in children's complete education. For all of these great resources, visit http://www.aahperd.org/naspe/template.cfm?template=teachers_toolbox_nov06.html

GSSI's Virtual Physiology Lab Tour

<http://www.gssiweb.com/tourthelabs/windowsmedia/intro.cfm>

This site could provide you with one way to incorporate technology in your high school PE class and emphasize the connection between physical education and science.

Nickelodeon Let's Play Giveaway Program

Nickelodeon has extended its Let's Just Play Giveaway Program through the end of this year. During October, November and December, Nickelodeon will give \$5,000 to at least 20 randomly selected winners. Kids ages 6 to 15 years old can apply for their schools or after-school community-based organizations to win funding for projects that promote play and physical activity. For more information, go to www.nickjr.com or www.nick.com.

Action for Healthy Kids

According to the American Obesity Association, over 30% of children and adolescents are overweight and more than 15% are obese. Children who are obese at age 6 have a 50% likelihood of becoming obese adults; those who are obese at age 13 face a 75% chance of life-long obesity. The health consequences for overweight children are numerous and overwhelming. Warning signs of chronic diseases that in past generations took years to develop are being seen in obese children as young as age 4, including:

- Type 2 (adult-onset) diabetes
- High cholesterol/high blood pressure
- Sleep apnea
- Orthopedic complications
- Asthma
- Psychosocial effects

Causes

Physical inactivity: Today's kids are considered the most inactive generation in history. According to TV Free America, the average child now spends three hours each day in front of the television. It's no surprise that the children who watch the most hours of TV have the highest rates of obesity. Additionally, cuts in school physical education classes and extra-curricular programs and the lack of safe community recreational facilities reduce opportunities for regular fitness.

Excessive snacking: During their hours of TV viewing, children are bombarded with ads for high calorie snacks and sugary soft drinks and tend to grab snacks to enjoy with their

favorite TV shows.

Fast food diet: According to a 2004 Harvard study, every day more than 30% of U.S. children will eat fast food. On average, these children will consume 187 more calories and fewer nutrients than their peers.

One proactive program developed to address childhood obesity and improve readiness to learn is the Action for Healthy Kids (AFHK). AFHK works with schools to help super-sized kids learn and adopt lifelong healthy lifestyles. AFHK helps to improve students' diets, increase their physical activity, and educate administrators, teachers, parents and the public about the role of good nutrition and physical activity in academic achievement. Their website contains a wellness policy tool and multiple resources to help in planning programs to address this problem. For additional information go to <http://www.actionforhealthykids.org>.
